

ORANGE CIRCLE GUIDELINES



COMMUNITY LEARNING GUIDELINES

- **BE...**

- Open and honest

- Open to new and different experiences

- **DO...**

- Participate fully (at your own comfort level)

- Trust that through dialogue we will reach deeper levels of understanding and acceptance

- Listen respectfully

- Take Risks: lean into discomfort & discovery

- Respect and maintain confidentiality

- Note and name group dynamics in the moment

- **SAY...**

- Speak from personal experience - Use "I" statements

- "Step Up" or "Step Back" – Share air time

- Name if you feel triggered

- Say: "Oops!" and "Ouch"