A Backup Plan for Solos
Citizens League Task Force

Overarching Goal
Stimulate the development of a supportive infrastructure to help solo older adults successfully navigate health related events and, therefore, be less likely to become vulnerable adults—with its accompanying loss of self-determination for the individual and high costs to society.

Expected Outcomes of the Project
- General profiles of solo older adults (situation, needs, perceived barriers)
- A description of the current Minnesota infrastructure to support solos health decision making
- Description of the core elements of a health decision “backup plan”
- A list of important resource gaps and potential solutions
- A list of recommended priorities for future action and preliminary work plan

Task Force Session Agenda
Tuesday, February 13 – 7:30 to 9:30 AM
Wilder Center, 451 Lexington Parkway N, St Paul, MN 55105

Purpose of this meeting:
Learn about different kinds of resources to support solos, availability, benefits, issues.

I. 7:30 – 7:35 a.m.
   Welcome, Negotiate Agenda – Co-chairs – 5 minutes

II. 7:35 – 7:45 a.m.
    Check-in –Co-Chairs - 10 minutes
    - Insights, thoughts since last meeting
    - List of Future meeting dates

III. 7:45 – 9:15 a.m. (Linda to moderate panel)
    Supporting Solos – View From Three Sectors
    Hal Freshly, Volunteer
    Unity Church, St. Paul, MN
    Anita Raymond
    VOA & Center For Excellence in Supported Decision Making
    Eric Jonsgaard, Vice President for Operations
    First Fiduciary Corp., Eagan, MN

IV. 9:20 – 9:30 a.m.
    Next steps and evaluation – Co-chairs – 10 minutes