

A Backup Plan for Solos

Citizens League Task Force

Overarching Goal

Stimulate the development of a supportive infrastructure to help solo older adults successfully navigate health related events and, therefore, be less likely to become vulnerable adults—with its accompanying loss of self-determination for the individual and high costs to society.

Expected Outcomes of the Project

- General profiles of solo older adults (situation, needs, perceived barriers)
- A description of the current Minnesota infrastructure to support solos health decision making
- Description of the core elements of a health decision “backup plan”
- A list of important resource gaps and potential solutions
- A list of recommended priorities for future action and preliminary work plan

Task Force Session Agenda

Tuesday, February 13 – 7:30 to 9:30 AM

Wilder Center, 451 Lexington Parkway N, St Paul, MN 55105

Purpose of this meeting:

Learn about different kinds of resources to support solos, availability, benefits, issues.

I. 7:30 – 7:35 a.m.

Welcome, Negotiate Agenda – Co-chairs – 5 minutes

II. 7:35 – 7:45 a.m.

Check-in –Co-Chairs - 10 minutes

- Insights, thoughts since last meeting
- List of Future meeting dates

III. 7:45 – 9:15 a.m. (Linda to moderate panel)

Supporting Solos – View From Three Sectors

Hal Freshly, Volunteer

Unity Church, St. Paul, MN

Anita Raymond

VOA & Center For Excellence in Supported Decision Making

Eric Jonsgaard, Vice President for Operations

First Fiduciary Corp., Eagan, MN

IV. 9:20 – 9:30 a.m.

Next steps and evaluation – Co-chairs – 10 minutes