A Backup Plan for Solos
Citizens League Task Force

Overarching Goal
Stimulate the development of a supportive infrastructure to help solo older adults successfully navigate health related events and, therefore, be less likely to become vulnerable adults—with its accompanying loss of self-determination for the individual and high costs to society.

Expected Outcomes of the Project
• General profiles of solo older adults (situation, needs, perceived barriers)
• A description of the current Minnesota infrastructure to support solos health decision making
• Description of the core elements of a health decision “backup plan”
• A list of important resource gaps and potential solutions
• A list of recommended priorities for future action and preliminary work plan

Task Force Session Agenda
Tuesday, October 10, 2017 – 7:30 to 9:30 AM
Wilder Center, 451 Lexington Parkway N, St Paul, MN 55105

Purpose of this meeting:
Understand current existing laws, policies and practices that have an impact on solos. Start to develop a shared understanding of who solos are.

I. 7:30 to 7:35 am
Negotiate Agenda/Approve Minute – Co-chairs – 5 minutes
   a. Approval of minutes from 9/27 meeting
   b. Negotiate agenda

II. 7:35 to 7:45 am
Introductions of New Members – Co-chairs – 10 minutes

III. 7:45 to 7:55 am
Updates and Check-in – 10 minutes
   • Updates
   • Insights, thoughts, ahas since last meeting

IV. 7:55 to 8:35 am
The Current Situation for Solos – Marit Peterson – 40 minutes
   • Existing laws, polices, practices, HIPPA
     o Existing tools: Advance Care directives, POLST, POA etc., Guardianship, Conservator
o Important terms: capacity, vulnerable, health care proxy or surrogate, supported decision making, etc.)
o Legal standards: Best interest, substitute judgment

• Consequences if no action [elder abuse, etc.]
• Questions/discussion

Break – 10 minutes – 8:35 to 8:45 am

V. 8:45 to 9:20 am
   Defining solos – Julie and Linda - 35 minutes

VI. 9:20 to 9:30 am
   Next steps and evaluation – Co-chairs – 10 minutes