

# CALLING HOME

Input from the community of  
the Suburban Ramsey  
Family Collaborative



A collaboration between communities and:



# What are critical components of “Home” for you as you age?

## For Active Living



## For End-Of-Life



## For Supported Living



# What to do you need to do NOW to have that “Home?”

Active Living

Universal Healthcare Stay Involved  
Long Term Care Insurance  
Stay Healthy Learn about Aging  
Financial Guidance Will  
Save  
Plan Proactively  
Domestic Directives  
Informal System of Care  
New Aging Policies  
Conversations

New Communities/ Facilities  
New Policies  
Research  
Conversations  
Plan Save  
Legal  
Directives

Supported Living

Living Wages for Providers  
More Training for Providers  
Will  
End-of-Life Directive  
Saving Connect to Family  
Right-to-Die Policies

End-of-Life Living

**What would help you do the things you need to do now?**

- **“Right to Die” Policies**
- **Honoring End-of-Life decisions**
- **End-of-Life and Aging Coaches, for individuals and/or families**
- **Innovative, Intergenerational Living Options**
- **More Home- and Community-Based Services**
- **Collectively confronting aging and dementia**
- **More investment in End-of-Life care and programs**
- **401(k) set up as an “opt-out” program rather than “opt-in”**
- **Financial Planning Services**
- **Access to a range of social services**

**What gets in the way of doing what you need to do now?**

- **Fear of death**
- **Fear of talking with Others**
- **Restrictive End-of-Life Policies**
- **Limitations of Medicare/Medicaid**
- **Cost**
- **Traditional male roles (e.g. men don’t act as caregivers)**
- **Ambiguity between aging and disability**
- **Family and cultural dynamics**
- **Poorly designed environments, esp. bathrooms**
- **Scams and predatory tactics**





# What happens now?

## Short Term

For the people that attend Calling Home meetings and their Minnesota communities, Calling Home hopes to spark conversations about aging.

## Long Term

The feedback from this and other communities will help shape a series of video shorts produced by Twin Cities Public Television. The shorts will focus on interviews with Minnesotans in different types of living situations and the challenges/joys that they experience. When done, the video shorts will be shareable on social media and will help build awareness of issues around aging.