

CALLING HOME

Input from the community of
Moose Lake



A collaboration between communities and:



What are critical components of “Home” for you as you age?

For Active Living



A word cloud for 'Active Living' with 'Family' as the largest word. Other prominent words include 'Independence', 'Choice', and 'Peace'. Smaller words include 'Entertainment', 'My Spouse', 'Community Resources', 'Activity', 'Work', 'Friends', 'Farm Fun', 'Comfort', 'Safety', 'Manageable', and 'Ownership'.

Entertainment My Spouse
Community Resources
Independence Activity
Work Friends
Farm Fun Comfort
Safety Family
Manageable Choice
Peace Ownership

For End-Of-Life



A word cloud for 'End-Of-Life' with 'Family' as the largest word. Other prominent words include 'Security', 'Senior Housing', and 'Not Ready to Think About This'. Smaller words include 'No Fear', 'Comfort', and 'Community Resources'.

Security
Senior Housing
Not Ready to Think About This
No Fear Family Comfort
Community Resources
Bell Brothers

For Supported Living



A word cloud for 'Supported Living' with 'Community' and 'Family' as the largest words. Other prominent words include 'Healthcare', 'Transportation', and 'Access to Resources'. Smaller words include 'Friends', 'Familiarity', and 'Sanctuary'.

Healthcare
Transportation
Access to Resources
Community Resources
Friends
Community
Family
Familiarity
Sanctuary

What to do you need to do NOW to have that “Home?”

Make a Will
Be Flexible Stay Healthy
Build Relationships
Research
Talk with Family
Declutter Positivity
Read a Good Book Be Active
Downsize Plan Money
Remodel Stay Busy
Stay Involved
Estate Planning Have more time
Be Open-minded

What would help you do the things you need to do now?

- **More money!**
- **More time**
- **Courage**
- **Actually using available resources**
- **Community Education**
- **Programs connecting seniors and youth for mutual benefit**
- **Help with the transitions between different living situations**
- **More housing options**
 - Especially options that address the gap between independent living and a nursing home

What gets in the way of doing what you need to do now?

- **Fear**
- **Aging!**
- **Denial**
- **Isolation**
- **Busy Schedules**
- **Lack of money**
- **Lack of physical strength**
- **Health Issues**
- **Controlling children**
- **Unpredictability of future**
- **The difficulty of some conversations with family**

What happens now?

Short Term

For the people that attend Calling Home meetings and their Minnesota communities, Calling Home hopes to spark conversations about aging.

Long Term

The feedback from this and other communities will help shape a series of video shorts produced by Twin Cities Public Television. The shorts will focus on interviews with Minnesotans in different types of living situations and the challenges/joys that they experience. When done, the video shorts will be shareable on social media. They will inform policy discussion and help build an awareness of the issues around aging.