CALLING HOME

Input from the community of Moose Lake

A collaboration between communities and:

Citizens League  Collective Action Lab  tpt  TWIN CITIES PBS
What are critical components of “Home” for you as you age?

**For Active Living**
- Independence
- Family
- Friends
- Fun
- Manageable
- Choice
- Safety
- Comfort
- Peace
- Ownership
- Activity
- My Spouse
- Community Resources
- Entertainment

**For Supported Living**
- Community Resources
- Friends
- Healthcare
- Transportation
- Familiarity
- Sanctuary
- Access to Resources

**For End-Of-Life**
- Family
- Comfort
- Senior Housing
- Security
- Not Ready to Think About This
- No Fear
What to do you need to do NOW to have that “Home?”

- Make a Will
- Be Flexible
- Stay Healthy
- Build Relationships
- Research
- Talk with Family
- Positivity
- Be Active
- Plan
- Money
- Remodel
- Stay Involved
- Have more time
- Be Open-minded
- Declutter
- Read a Good Book
- Downsize
What would help you do the things you need to do now?

- More money!
- More time
- Courage
- Actually using available resources
- Community Education
- Programs connecting seniors and youth for mutual benefit
- Help with the transitions between different living situations
- More housing options
  - Especially options that address the gap between independent living and a nursing home

What gets in the way of doing what you need to do now?

- Fear
- Aging!
- Denial
- Isolation
- Busy Schedules
- Lack of money
- Lack of physical strength
- Health Issues
- Controlling children
- Unpredictability of future
- The difficulty of some conversations with family
What happens now?

Short Term

For the people that attend Calling Home meetings and their Minnesota communities, Calling Home hopes to spark conversations about aging.

Long Term

The feedback from this and other communities will help shape a series of video shorts produced by Twin Cities Public Television. The shorts will focus on interviews with Minnesotans in different types of living situations and the challenges/joys that they experience. When done, the video shorts will be shareable on social media. They will inform policy discussion and help build an awareness of the issues around aging.