

# CALLING HOME

Input from the Kinship  
Caregiver Group



A collaboration between communities and:



# What is “Calling Home”?

“Calling Home” is a project that uses the idea of “home” as a starting place for intergenerational conversations about aging and planning for life changes. What about “home” matters most to Minnesotans? How might our ideal “home” change as we age?



The project consists of a series of community conversations in the metro and rural areas of the state. It will result in short, shareable videos of individuals and families that will be grounded in the community listening sessions. A key aim is that these will spur additional conversations that will bring to light the challenges and opportunities at the crossroads of family and community, which will inspire more proactive planning and more responsive policymaking.

# What are critical components of “Home” for you as you age?

## For Active Living

Independence  
Community Center  
Autonomy  
Advance Care Planning  
Home Ownership  
Space  
Children  
Safety  
Family  
Love  
Music  
Community  
Intergenerational  
Garden  
Spirituality  
Transportation

## For Supported and End-Of-Life Living

Advance Care Planning  
Community  
Autonomy  
My Language  
Genuine Love  
Spirituality  
Beauty  
Family  
Will  
People Who Care  
Independence  
Compassion  
Love  
Relationships  
Warmth  
Independence  
Autonomy  
Home Care  
Home Ownership  
Compensated Caregivers  
Memory Loss Support



# What to do you need to do NOW to have that “Home?”

Pay for House Remove Rugs

Healthy Living

Financial Planning

Will

Beautify Environment

Healthy Diet

Advance Directive

Communicate Needs

Teach Families about Aging

Save

Advance Care Planning

Simplify Build Relationships

Keep My Autonomy

Self-Advocate Downsize

## What would help you do the things you need to do now?

- Being in partnership with medical doctor
- Being properly medicated, not overmedicated
- Pay for Long-Term Care caregivers
- Finding the resources out there
- Advocates, coaches, people who watch out for each other as we age and need help
- End-of-Life Counseling
- Public housing reform

## What gets in the way of doing what you need to do now?

- Unaffordability of Long-Term Care
- High cost of care in general
- Physical Health/Mobility Issues
- System is designed for able-bodied
- Having to depend and wait on people
- Lack of Money
- Class/race/economic inequities
- Support system is broken
- Public housing – family takes money from their elders
- Worries about losing home
- Being in sandwich generation
- Language barriers
- Cultural barriers

# What happens now?

## Short Term

For those who attended a Calling Home convening, this initiative hopes new conversations about aging and planning will grow within those various communities.

## Long Term

The feedback from this and other communities will help shape a series of video shorts produced by Twin Cities Public Television. The shorts will focus on interviews with Minnesotans in different types of living situations and the challenges/joys that they experience. When done, the video shorts will be shareable on social media. They will inform policy discussion and help build an awareness of the issues around aging.