



Appendix A

Polling Data From In-Person Meetings



BUSH FOUNDATION

courageous LEADERSHIP / *sustainable* SOLUTIONS / *vital* COMMUNITIES

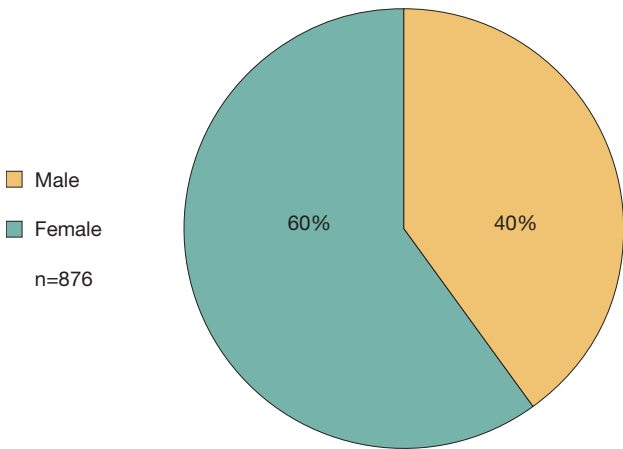


Common ground. Common good.

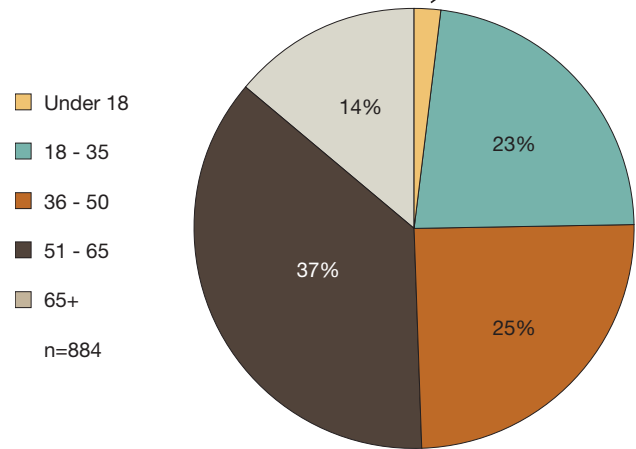
Participants

Participants were recruited in one of three ways: 1) for open, community-based meetings; 2) employees at employer-based meetings; 3) constituency meetings, which were organized through various partner organizations. Recruitment took place through partnering organizations, direct outreach through community organizing and calling citizens through voter registration files. Demographic data was collected using interactive polling. The total number of participants in the demographic data varies from the overall total of 1,057 because not all participants answered the demographic questions. The totals vary slightly from question to question because not all participants answered every question.

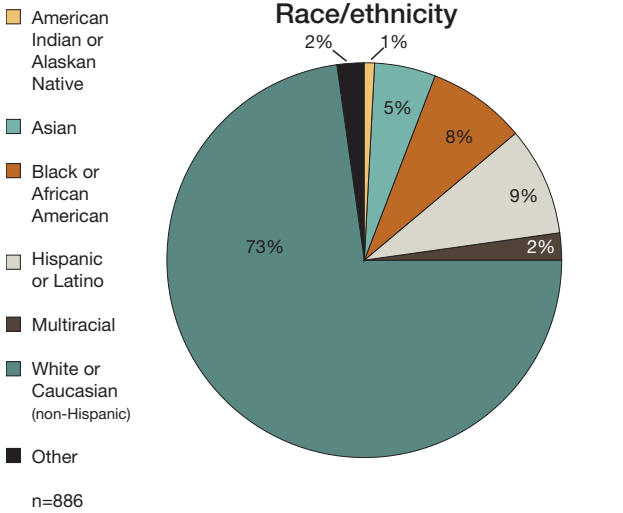
Gender



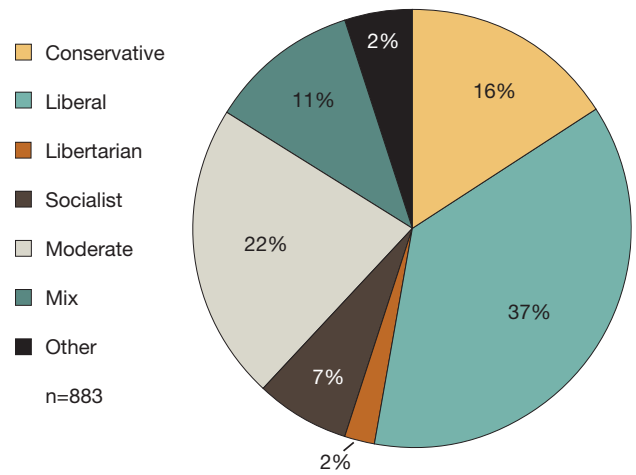
Age



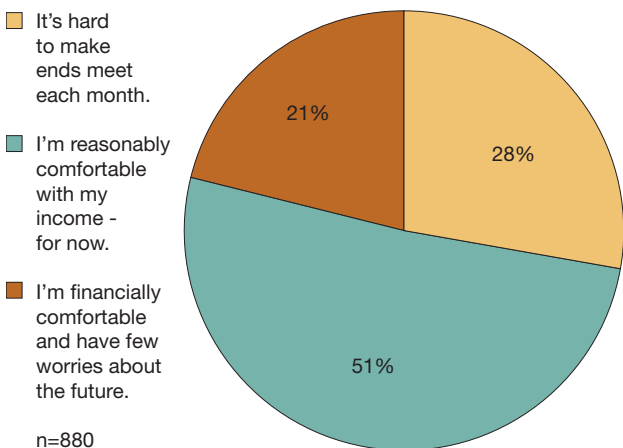
Race/ethnicity



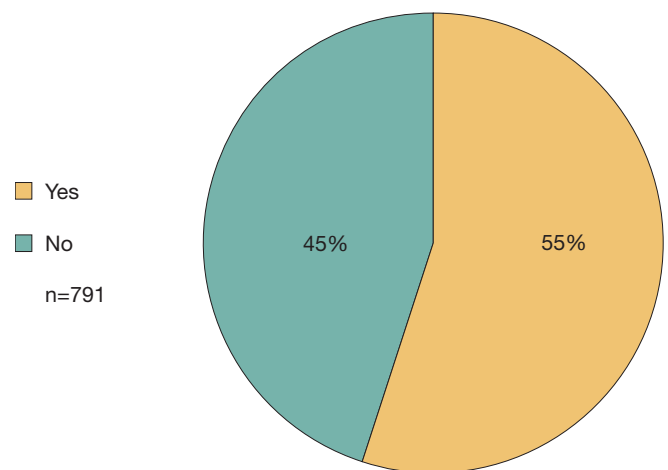
Political Views



Income



Experience in the health care field?



Questions and Overall Responses

Each of the questions and overall responses are shown below. Following this section is more detailed information about the responses. Unless otherwise noted, numbers refer to the percentage of participants who selected the answer choice, not the percentage of total answers. Participants were allowed to multiple answers.

Warm up questions

Two multiple-choice questions (one only in the one-hour presentation) were asked early in the presentation for the primary purpose of familiarizing participants with the interactive devices, but also to gather information about participants' views of the health care system. Participants did not discuss these questions with one another.

What do you think is the biggest challenge for health care in Minnesota today? (choose two)	
Too much wasteful spending	14%
It's not affordable	30%
The health care system is too complicated and confusing	24%
Not enough focus on healthy living and preventive care	23%
Minnesotans are becoming less healthy	6%
An aging population naturally has more health care needs	17%
Too many people don't have access to the right care	26%
Too much profit	11%
We don't reward the right behaviors	16%
Other	4%

As a citizen concerned about the welfare of all Minnesotans, what solutions would you choose? (choose two)	
Minnesotans would practice healthier behaviors	20%
Deregulate and reduce government role	9%
Institute price controls	9%
Single-payer	41%
Pay doctors for outcomes, not services provided	25%
Better coordinated health care	28%
Community supports (e.g., fresh food, parks, health fairs)	13%
Universal care	36%
Less mktg	7%
Other	3%

Note: numbers for both questions refer to the percentage of participants who selected the answer choice, not the percentage total answers. Participants were allowed to choose up to two answers. The second question regarding solutions was not asked in the one-hour meetings.

Discussion question 1: What does it mean to be healthy? After a brief discussion period (usually under ten minutes), participants were asked what health means to them and responded using their interactive polling device.

What does being healthy mean to you? (choose two)	
No illness	13%
Any conditions are stable and well-managed	33%
Finding a balance (spiritual, mental, physical)	62%
It's a state of mind	10%
Low stress	4%
Active & energetic (given your age)	37%
Basic health indicators (e.g., blood pressure, weight)	17%
No chemical dependencies	4%
No mental illness	2%
Other	4%

Discussion question 2: What would help Minnesotans be healthier? Participants were asked to compile a list of ideas they have for improving the health of Minnesotans. When their list was complete, each participant indicated which two of their ideas they most preferred. The top answers are shown below. This question was not asked in the one-hour meetings.

Access to affordable health care or coverage	101
Individually implementing healthy behaviors	99
Education about healthy behaviors	66
Access to affordable, healthy food	63
Community health support: biker/pedestrian friendly	59
Incentivize healthy behaviors	53
Preventive care	48
Social support systems, a culture of a healthy lifestyle	44
A universal healthcare/single-payer system	35
Health education in schools; required phy ed	26

Note: numbers refer to number of participants who selected the answer choice.

Discussion question 3: What can we do about costs? Participants were provided some information about the drivers of health spending in the United States. They were then asked to discuss the following areas of spending, and to decide in which, if any, they would like to see major changes. Their views were recorded using the interactive polling devices.

In which, if any, of the following areas did you say spending patterns must change? (choose all that apply)	
High prices	50%
Administrative costs	53%
Costs associated with unhealthy behaviors	40%
Procedures & drugs not proven to be effective	32%
Long-term care	30%
Unnecessary care due to doctors' decisions	42%
Unnecessary care demanded by patients	35%
Uncoordinated care	50%
Preventable conditions and avoidable care	45%
Other	12%

Note: numbers refer to the percentage of participants who selected the answer choice, not the percentage of total answers. Participants were allowed to choose as many answers as they wished.

Discussion question 4: Rights and Responsibilities. The last discussion was a group exercise, completed at each table. Participants were given a worksheet containing twenty boxes. Half of the boxes were labeled “Minnesotans have a right to expect these things for their health and well-being; the other half were labeled “Minnesotans have these responsibilities for their health and wellbeing.” Each box contained a unique statement about a right or responsibility. Groups were asked to agree on the most important rights or responsibilities for creating health and well-being. To do this, they were given twenty chips and asked to allocate them into a maximum of eight boxes. The more chips in the box, the higher the priority. There was no requirement about balancing rights and responsibilities; that is; participants were free to choose all rights or all responsibilities if they desired.

Right to expect:	% of total chips
The care I need is affordable for me.	14%
I have the information I need to make good treatment choices.	7%
I have access to healthy foods and a safe and healthy environment.	8%
The rules about my health care coverage are clear.	3%
Care providers are respectful and understand me and my culture.	2%
I am allowed whatever care I decide I need.	1%
I have complete choice of doctors and specialists.	2%
My care providers are focused on my overall wellbeing, not only medical treatment.	9%
Health care providers coordinate my care among them.	5%
Other	2%
Responsibilities:	
I practice healthy behaviors.	14%
I help pay for care for those who can't afford it, through taxes or other ways.	8%
I follow the doctor's orders.	2%
I seek preventive care and manage chronic conditions	10%
I have a primary care doctor or clinic.	2%
I ask my doctor questions and seek information about care options.	4%
I don't use unnecessary care and/or I myself pay for care that my doctor does not think is medically necessary.	4%
I plan ahead for my health care needs when I am elderly.	3%
Other	0%
Other	0%
Total right to expect (1,758 chips)	53%
Total responsibilities (1,560 chips)	47%

Wrap-up question. Participants used their interactive polling device to answer the following question, without discussion.

Moving forward, what do you think is the most effective way of creating some of the changes we've discussed today? (choose two)	
Helping Minnesotans become more knowledgeable consumers of health care	31%
Community-based efforts	24%
State and federal government leadership willing to make tough choices	27%
More conversations like this	14%
Other	4%

Evaluation

At the end of the session, participants were asked to complete a brief evaluation, which included four rating questions and comments.

On a scale from 1 to 4, participants rated the sessions as follows. 1= not at all; 2= a little; 3= somewhat; 4= a great deal,

Did you enjoy participating in today's discussion? Average rating = 3.7

How much did you learn from the information presented today? Average rating = 3.1

How much did the table discussion help you think through the issues? Average rating = 3.3

Based on today's discussion, how important is it to provide citizens this type of opportunity to weigh in on health care matters? Average rating =3.7

Detailed responses

To look deeper into the responses, some data were disaggregated by demographic characteristics. Unless otherwise noted, percentages refer to the percent of respondents selecting the answer choice, not the percentage of total answers. Participants were allowed to select multiple answers, as indicated for each question. Please note that the "total" lines do not exactly match the totals for the overall results because a number of participants did not provide demographic information.

Biggest health care challenge

What do you think is the biggest challenge for health care in Minnesota today? (choose two)								
	Con	Lib	Libert	Soc	Mod	Mix	Other	Total
Too much wasteful spending	24%	10%	5%	11%	18%	12%	7%	14%
It's not affordable	31%	27%	37%	32%	28%	36%	24%	29%
The health care system is too complicated and confusing	32%	25%	32%	16%	28%	23%	20%	26%
Not enough focus on healthy living and preventive care	17%	23%	21%	27%	22%	29%	29%	23%
Minnesotans are becoming less healthy	7%	6%	5%	0%	7%	1%	7%	6%
An aging population naturally has more health care needs	24%	14%	16%	6%	19%	10%	16%	16%
Too many people don't have access to the right care	14%	32%	32%	34%	20%	28%	13%	25%
Too much profit	7%	13%	21%	15%	5%	10%	16%	10%
We don't reward the right behaviors	10%	13%	21%	13%	20%	12%	9%	14%
Other	5%	2%	0%	2%	3%	4%	7%	3%
<i>percentages refer to the number of participants (884 total) selecting the answer choice</i>								

What do you think is the biggest challenge for health care in Minnesota today? (choose two)		
	Health expertise	No health expertise
Too much wasteful spending	14%	16%
It's not affordable	27%	35%
The health care system is too complicated and confusing	29%	27%
Not enough focus on healthy living and preventive care	26%	17%
Minnesotans are becoming less healthy	6%	6%
An aging population naturally has more health care needs	18%	14%
Too many people don't have access to the right care	25%	25%
Too much profit	10%	11%
We don't reward the right behaviors	8%	12%
Other	4%	2%
<i>total respondents</i>	<i>455</i>	<i>361</i>